

Candidiasis - Yeast



The Yeast Beast

Who would have ever thought that too much of a good thing could become so detrimental to the body? Yeast exists quite naturally in the system without drawing any undue attention, but, should you become imbalanced, the repercussions are significant and can spin your life into turmoil.

Just as in Chronic Fatigue Syndrome and Fibromyalgia, the existence of the condition lives and proliferates long before it is identified. Usually by the time you know you have Candidiasis, significant infection is in progress which requires diligent work to eradicate.

Candida's life cycle is clearly visible and proceeds from spore to mycelial form with great speed. This mycelial form is fungal in nature and grows thread-like tentacles forming what is clearly visible as a thallus developments.

Candida Albicans remain in non-virulent phases of development until the terrain allows for its progression into more complex pathogenic

forms. It is opportunist and dependent upon the microbial flora for its ability to sustain its life-form and proliferate.

There is a huge misconception that exists with respect to being able to observe yeast in blood via Dark Field Microscopy. Michael Coyle, an expert in the field of Dark Field Microscopy, states, "Candida is never observed in its fungal phase in the blood because the blood's inherent alkalinity supports its development only to a spore stage. These spores are **extremely minute**, and do not progress to visibility at the level where they can be distinguished from other similar microorganisms in the blood except possible through staining".

When yeast is left unchecked, by beneficial flora, such as lactobacillus acidophilus, it multiplies and converts to the fungal form, which then multiplies throughout the body tissue, especially the mucous membranes. The acid created by yeast grows

long roots called rhizoids which puncture the walls of the intestine allowing undigested food particles and toxins to permeate, contributing to allergies and sensitivities.

Candida albicans left unchecked secrete formaldehyde and acetaldehyde, which create innumerable problems throughout all body systems. These toxins are poisons that are converted by the liver into alcohol, which explains some people's symptoms of drunkenness, even though they seldom, if ever, indulge in alcohol. The far reaching consequences of yeast imbalance can be devastating.



Candida Albicans stained

Antibiotics Anyone?

One of the top reasons for the rampant development of Candidiasis is the use of Antibiotics.

You don't use antibiotics, you say? Well, those who consume animal protein will be getting their fair dose of antibiotics and hormones from this source. This is just another reason to choose

organic meats, or better yet, choose a **pure isolated and ionized Protein Powder**, such as **Forti-flex**.

Antibiotic use wipes out the essential gut flora. Because the natural flora is already overruled in the case of Candidiasis, the addition of antifungal drugs create the resistant strain of fungus and the

yeast simply multiplies with great speed. The high alkaline pH that develops in the blood allows for more highly developed floras to propagate. Fungal microorganisms are very close in nature to parasites, and unfortunately, unless you remove a high percentage of the yeast, it can come back. No wonder you feel ill!

Candida Imbalance is mistaken for:

Chronic Fatigue Syndrome	
Fibromyalgia	
Depression	
Colitis and Chrones Disease	
Irritable Bowel Syndrome	
Acid Reflux	
Viruses, Flu, Allergies	

Did you know that:

- Candidiasis is often not detectable by standard medical tests and is most often determined by symptom profiles.
- Candida Albicans is one of over 80 species of candidiasis.
- This yeast forms over 70 known toxins that can cause problems in humans and create an environment for virus', bad bacteria and parasites to flourish in your body.

Symptoms of Candidiasis

The symptoms of chronic Candidiasis are vast and multi-dimensional and the consequences are far-reaching.

Check here to determine if your health history includes any of the list below.

- Hypersensitivity to foods, intolerance of the smell and taste of food
- Rectal itching, bladder urgency or infections, mucous in the stool, psoriasis
- Coated sore tongue, dry throat or mouth, bad breath, rashes or blistering in mouth, nasal congestion or post-nasal drip, cough, wheezing
- Feeling bad all over without any apparent cause, suppressed immune system
- Hypoglycemia tendencies, shaking or irritability when hungry, jittery
- Cold hands and feet

- Anxiety/panic attacks, crying jags, depression
- Headaches, muscle/joint pain, poor coordination, dizziness
- Recurrent digestive complaints, heartburn, chronic diarrhea or constipation, belching, bloating, intestinal gas, abdominal pain
- Poor memory, feelings of disorientation, 'toxic fog', inability to make decisions
- Unusual fatigue or lethargy, especially after eating, "simply



Candidiasis can make you feel like you are always suffering from allergies, digestive complications, the flu and fatigue.

drained", drowsiness

- Intense cravings for sugar, breads, alcohol
- Mild to severe sensitivity to perfumes, soaps, insecticides, dry cleaning fluids, chemicals, tobacco
- Prolonged use of birth control pills
- Endometriosis, uterine fibroids, ovary problems
- PMS, abdominal pain, menstrual problems, vaginitis, prostatitis, or loss of sexual interest
- Repeated use of tetracycline or other antibiotics for acne
- Repeated use of broad-spectrum antibiotic drugs, prednisone or other cortisone drugs

If any of the above symptoms are demanding attention in your life, you may be contending with an overgrowth of Candida Albicans.

The Importance of Intestinal Flora Using Soil Based Organisms

Soil Based Organisms (SBOs) such as Royal Flora are more stable than acidophilus and probiotics. SBOs are considered to be in the family of probiotics but their value is significantly higher. They crowd out pathogens, therefore stabilizing the entire digestive system by balancing pH and restoring the proper bacterial balance. They assist in restoration of the natural alkalinity of the blood by eliminating harmful acid wastes. SBOs assist the hormonal system by controlling blood sugar and increasing glandular integrity.

Powerful immune chemicals are produced by SBO's friendly bacteria. Although recognized as a probiotic, Royal Flora is really in a class by itself. The stability of Royal Flora ensures that colonization of healthy flora occurs. Without this assistance, intestinal toxemia develops leaving the individual prone to numbers of debilitating conditions.

Because of the existence of rhizoids, thread

Soil Based Organisms in Royal Flora retard the growth of Candida

Because of the existence of rhizoids, thread-like attachments of yeast to intestinal walls, the need to outnumber the unfriendly bacteria is important. Once the stress is off the walls of the intestine, then actual healing can take place. Even better yet, the SBOs begin to infiltrate the entire body, building a protective grid against the leak of toxins into the bloodstream. Immune enhancement is one of the many benefits that Royal Flora brings to you.

Hormones Influence Candida Albicans

Women suffer from Candidiasis more noticeably because of the biological structure of their genitalia. Men contract yeast imbalance almost as frequently, but their symptoms go undetected for longer.

- Candidiasis proliferates in warm, moist environments where the supply of glucose is plentiful. According to Dr. John Lee MD, a pioneer in the field of women's health, estrogen dominance causes a rise in mucosal glucose, therefore assisting the overgrowth of yeast.

- Candida can spread through sexual intercourse, as well as to babies through the birthing process. Candida is also found in the folds of the anus. Because of the close proximity of the anus to the vagina, reinfection can easily occur.



Yeast overgrowth is not just limited to women.

Balanced Progesterone levels give less rise to the likelihood of yeast growth.

You may have Candida without having an active yeast infection.

The Leaky Gut Syndrome Connection

Of all the possible health challenges, Candidiasis is directly a result of the inner terrain imbalance. It is not contingent upon outside viruses and bacteria, but rather, solely on Inner Terrain. Our immunity is typically able to produce enough white blood cells to assist in this invasion, but often they are immobilized or consumed with other problems.

The innate regulators that have been obliterated by antibiotics, heavy metals and other such influences, allow potentially harmless floras to become highly developed. When in abundance, these floras now develop into fungal forms with long thread-like root structures that permeate the intestinal walls therefore allowing foreign and toxic substances to pollute the body systemically. This development presents another problem. **Leaky Gut Syndrome.**

Nutrients are absorbed from food via the small intestine where they are then passed through to the bloodstream. The

mucosal lining of the intestine becomes overwhelmed with the overload of toxins, therefore the unwanted substances penetrate the walls of the intestine. Candidiasis is one of the repercussions of LGS. Parasite infestation is also directly connected to Candidiasis, which complicates matters even further.



The existence of Leaky Gut Syndrome can be substantiated by urine tests, dark field microscopy, & intestinal wall examination.

Antibiotics, acne drugs, steroids and other such drugs influence the development of Candida Albicans by upsetting the fragile inner terrain.

It is becoming more and more apparent that repair of the digestive system is the most important step in eradicating both Candidiasis and Leaky Gut Syndrome. Without this repair, these problems continue to flourish in spite of any medical attention you may receive. Most often, the presence of these symptoms and the damage they incur are representative of auto-immune dysfunction.

The inflammatory response of the tissue, in the case of Leaky Gut Syndrome, creates yet another problem. Inflammation makes tissue more susceptible to invasion, which creates a vicious circle where physical damage to organ walls makes them leaky.

It is possible that this fungus plays a major role in numbers of conditions. These conditions are not necessarily known for the primary cause, which is frequently Candidiasis. Taking precautions by monitoring diet, using digestive enzymes and Soil Based Organisms is a most important deterrent.

Detoxifying the Body Systems One by One

Digestion begins in the mouth with the presence of saliva. As we travel further down the tract, adequate amounts of hydrochloric acid, pancreatic enzymes and bile help prevent the overgrowth of Candida. Given that most of our digestive systems are operating at less than optimum, and our diets include negative foods such as sugar, it is understandable that we are vulnerable to Candida.

The bowel is the primary zone to address and the liver is next. A toxic bowel ensure a toxic liver. Because of the number of toxins produced from the yeast, the liver is put into overload. As you kill off the Candida Albicans, the liver must deal with the filtering of

even more toxins, called yeast 'die-off'. This can lead to nausea and ill-feelings that can last anywhere from a few days to a few weeks. With a less than efficient liver, the toxins circulate freely in the bloodstream.

Yeast 'die-off' can leave you feeling less than well, but don't stop treatment! This may cause a rebound effect.

- Support intestinal flora using **Royal Flora** (soil-based organisms)
- **Detoxify** bowel, liver and all affected systems

- **Digestive Enzymes** ensure that all food is being broken down

Diet is critical. **The Diet-Master** program will show you what to do

- Use **SuperFoods** and **Coconut Oil** to help restate the integrity of the bowel.

The use of energy frequency devices such as the Photon Genie help to destroy pathogens in the system. Frequency medicine is the medicine of the future.

The Power of Coconut Oil

Many patients have eliminated such items as sugar, dairy breads, pickled, smoked and dried meats, peanuts, canned foods and fruits from their diet. The minute they reintroduce any of the above, the problem begins again, which emphasizes that monitoring diet alone does not ensure the eradication of Candida Albicans. But, if you know just what to do, then it is possible.

The oleic acid component of Olive Oil is anti-fungal therefore assisting in the fight against yeast. Caprylic acid, which is the non-nutrient extract of coconuts, is a powerful

non-toxic anti-fungal agent. Caprylic acid simply tumbles through the gut, killing Candida along the way. Coconuts also contains lauric acid which kills lipid coated bacteria and other fungi, but does not interfere with the friendly bacteria in the intestine. Interestingly enough, women in countries where coconuts are a diet staple such as in the Philippines, seldom suffer from yeast infections.

The University of Iceland found that "Caprylic acid causes the fastest and most effective killing of all three strains of C. albicans tested, leaving the cytoplasm disorgan-

ized and shrunken because of a disrupted or disintegrated plasma membrane." A low carbohydrate/high fat diet is beneficial in the case of persistent Candida. Coconut Oil is an excellent deterrent for fungal situations.



Coconut Oil offers much help to rid the body of Candida Albicans and fungus.

Ask us about our high quality Coconut Oil

**Garden of Life
Superfoods
and
'forti-FLEX'**

**1-800-592-9653
Call Today!**

Dear Readers;

This booklet, Candidiasis - 'The Yeast Beast' is the final installment in a series on three debilitating illnesses that have similar symptoms. The first part is Fibromyalgia - 'The Invisible Illness.' Part two is Chronic Fatigue Syndrome - 'The Realities of CFS.'

I hope, the information they provide will help you and those you care for.

Someone once said, " nothing succeeds like success." Well, for over 20 years the Wolfe Clinic has been successfully treating Candidiasis patients with our proven protocols. Decades of experience has clearly shown that Candidiasis is responsive to proper treatment and is reversible.

*Appropriate treatment starts by having balance in your diet as well as by including a step by step detoxification program to cleanse the body. To help start the process of healing please read: '**Reclaim your inner Terrain**' and '**Spoiled Rotten.**' They will give you the needed information to begin the journey to wellbeing. Don't let Candidiasis take your life on a roller coaster ride. Get grounded and reclaim your health!*

A final note:

*My 25 years of experience in the prevention and treatment of Chronic Illness' is just a phone call away. Most people with Candidiasis inevitably suffer while wasting time, money and energy trying to combat their illness. A personalized telephone Consultation with ongoing support will give you the highest potential for success at the lowest possible cost. Fungal Diseases, such as Candidiasis, certainly lead to worse problems if not treated properly. They create an environment for viruses, bad bacteria and parasites to flourish in your body. So, please call to learn about real and effective solutions to your health concerns. Remember that **fear is the greatest disease—knowledge is the cure.***

At the Wolfe Clinic we take the time to ensure that you have the latest and best information available to you at all times.

**10% off
Consultations with
Dr. Darrell Wolfe, Ac,
PhD**

Visit our web site and find valuable information in the following articles that will aid you in the journey to better health. You'll be glad you did!

- **Reclaim Your Inner Terrain**
- **Spoiled Rotten**
- **Cleansing For Life**
- **Depleted Soils – Decreased Vitality – Diminished Minds**

Set your mind free from fear that you are doomed to a life of pain and suffering.

If you have any questions, do not hesitate to call.

We are here to help.

Sincerely,

Darrell L. Wolfe, Ac, PhD



Darrell L. Wolfe, Ac, PhD

The Wolfe Clinic

1-800-592-9653

www.thewolfeclinic.com

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